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## Contours Of Cuba

**About Cuba:** One of the world's last bastions of communism, Cuba is the Caribbean's largest island. Isolation due to political differences, has worked to protect Cuba from being overrun by tourists. Locals are sincerely friendly to those who do venture inland – even blockade runners from the US get a warm welcome!

The Helms – Burton Act has allowed Cuba to find its place in the post soviet world gradually, without the sudden destabilizing shock of mass consumer tourism from the US. Its only a matter of time however, before travel and trade barriers fall. No doubt, millions will come when flights resume. Clearly now the time to visit is now.

Cuba's larger towns are pretty relaxed, the most frenetic it gets is in the middle of a raucous chachacha, and the loudest it gets is behind one of the huge finned American cars chugging the streets. If you want it even quieter, Cuba's back country and beaches are perfect chill out destinations for kayakers, sailors, hikers, swimmers, cyclers, spelunkers or those that just want to smoke a fine cigar under a palm tree.

### Expedition Details

<b>Price:</b>	\$1399 USD
<b>Length:</b>	8 days
<b>Accommodation:</b>	4 nights lodge, 3 nights camping
<b>Transportation:</b>	van
<b>Meals:</b>	dinner day 1 to breakfast day 8
<b>Outfitting:</b>	all adventure gear, guides, assistants

### Tour Dates

2010

07 Nov - 14 Nov, 14 Nov - 21 Nov, 21 Nov – 28 Nov, 28 Nov - 05 Dec  
05 Dec - 12 Dec, 12 Dec - 19 Dec, 19 Dec – 26 Dec, 26 Dec - 02 Jan

2011

02 Jan - 09 Jan, 09 Jan - 16 Jan, 16 Jan - 23 Jan, 23 Jan - 30 Jan  
30 Jan - 06 Feb, 06 Feb - 13 Feb, 13 Feb - 20 Feb, 20 Feb - 27 Feb  
27 Feb - 06 Mar, 06 Mar - 13 Mar, 13 Mar - 20 Mar, 20 Mar - 27 Mar  
27 Mar - 03 Apr, 03 Apr - 10 Apr, 10 Apr - 17 Apr, 17 Apr - 24 Apr  
24 Apr - 01 May, 01 May - 08 May, 08 May - 15 May, 15 May - 22 May  
22 May - 29 May, 29 May - 05 Jun

**DEPOSITS AND PAYMENT:** A \$500.00 per person deposit will hold a place for you until 60 days prior to departure, at which point the balance will be due.

## **CANCELLATIONS:**

Any cancellations are regrettable, but in the event of cancellation, the following policy will apply. 1). 60 days prior to departure a full refund will apply, less a \$200.00 administration fee. 2). 59-30 days: 50% refund. 3). 29 days or less: no refund.

**FOOD REQUIREMENTS:** If you have any specific food requirements, we will be glad to accommodate them. Please let us know under the dietary requirements section on the medical form. *(We recommend that clients arrive a few days early to acclimatize themselves to the warmer weather. Should you require a hotel, or side trip suggestions, just call and we would be more than happy to assist in any way we can).*

## **ITINERARY – Contours Of**

### **Cuba Day 1**

**Accommodation:** Heritage Hotel (combo and Lodge only) **Activities:** Sight seeing in old Havana

**Destinations:** Havana city

**Description:** Arrive at Havana International Airport and be greeted by our tour operator. Board a waiting bus to your hotel, check in and enjoy the rest of the afternoon sightseeing and visiting many of old Havana's markets or architectural wonders.

### **Day 2**

**Accommodation:** Canimar River Estuary (camp) Horizontes (Lodge) **Activities:** Kayaking, horseback riding, snorkeling

**Destinations:** Canimar River Estuary

**Description:** Jeep to the Canimar River Estuary where you will kayak about 10kms to the Canimar Ranch. After a delicious Cuban lunch, kayak further up the river or snorkel or horse back riding. Followed by a traditional Cuban dinner with local entertainment.

### **Day 3**

**Accommodation:** Cubanita beach (camp) Horizontes (lodge) **Activities:** River kayaking, ocean kayaking

**Destinations:** Hatiguanico River, Cubanita

**Description:** Kayak Hatiguanico River, admire exotic birds and marine Life. Continue to Cubanita beach for some ocean Kayaking and snorkeling. Evening: relax.

### **Day 4**

**Accommodation:** Guanayara Ranch (camp), Horizontes (Lodge)

**Activities:** Kayaking

**Destinations:** Habanilla dam, Guanayara Ranch

**Description:** Travel to Habanilla Dam, experience the green rolling plains. After lunch, continue your well honed skills of kayaking to the campsite at Guanayara. Followed by a relaxing dinner, and an evening of your choice of activities.

### **Day 5**

**Accommodation:** Horizontes Las Cuevas (Lodge) **Activities:** Sightseeing, kayaking

**Destinations:** Cayo Blanco, Trinidad

**Description:** Jeep to the amazing beach location of Trinidad. From here we will kayak to Cayo Blanco and enjoy a traditional Lunch on the white sandy beach. We will kayak back to Trinidad and enjoy the rest of the afternoon taking advantage of the colorful sights of this historical city. Dinner take place at the Las Cuevas hotel.

**Day 6**

**Accommodation:** Campismo Popular (Lodge)

**Activities:** Ocean kayaking, Sightseeing drive

**Destinations:** Guajimico

**Description:** Jeep trip to Guajimico. Here we will experience breathtaking ocean kayaking. After Lunch enjoy the sightseeing drive to Havana. Partake in dinner and entertainment at the hotel.

**Day 7**

**Accommodation:** Hotel San Miguel (combo and Lodge only)

**Activities:** Beach, sight seeing, historical tour, farewell party

**Destinations:** Old Havana

**Description:** Breakfast is followed by an option of activities, remain and enjoy the many fine markets to explore, relax and spend the day on a beautiful welcoming beach or spend the day sightseeing the natural and historical marvels of old Havana. Then join in the farewell party and a night of storytelling, celebrating your truly memorable trip in Cuba.

**Day 8**

**Accommodation:** None

**Activities:** Leisure time

**Destinations:** International airport

**Description:** After breakfast and some leisure time you will be transported to the airport to meet your flight back home.